

The Orchard A Memoir Theresa Weir

The Orchard *Amazon Lily Bad Karma One Fine Day I Hear Voices The Man Who Left Some Kind of Magic Long Night Moon Loving Jenny Last Summer American Dreamer Deadly Treats With Or Without Me Leaving Story Avenue A Pearl in the Storm The Autobiography of Martin Luther King, Jr. Reading My Father The Body Counter Song Yet Sung Love Chanukah Lights The Glitter and the Gold You Don't Look Like Anyone I Know Reasons to Stay Alive How to Write Like Tolstoy I, Elizabeth Fed Up Girl with the Cat Tattoo The Memoirs of Mary Queen of Scots The Book of Secrets Unbound A Well-Behaved Woman Cool Shade The Body Reader Forever Truly Dead Bad Karma Come As You Are Pictures of Emily Play Dead*

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Reading My Father Jun 17 2021 PART MEMOIR AND PART ELEGY, READING MY FATHER IS THE STORY OF A DAUGHTER COMING TO KNOW HER FATHER AT LAST— A GIANT AMONG TWENTIETH-CENTURY AMERICAN NOVELISTS AND A MAN WHOSE DEVASTATING DEPRESSION DARKENED THE FAMILY LANDSCAPE. In *Reading My Father*, William Styron's youngest child explores the life of a fascinating and difficult man whose own memoir, *Darkness Visible*, so searingly chronicled his battle with major depression. Alexandra Styron's parents—the Pulitzer Prize-winning author of *Sophie's Choice* and his political activist wife, Rose—were, for half a century, leading players on the world's cultural stage. Alexandra was raised under both the halo of her father's brilliance and the long shadow of his troubled mind. A drinker, a carouser, and above all "a high priest at the altar of fiction," Styron helped define the concept of The Big Male Writer that gave so much of twentieth-century American fiction a muscular, glamorous aura. In constant pursuit of The Great Novel, he and his work were the dominant force in his family's life, his turbulent moods the weather in their ecosystem. From Styron's Tidewater, Virginia, youth and precocious literary debut to the triumphs of his best-known books and on through his spiral into depression, *Reading My Father* portrays the epic sweep of an American artist's life, offering a ringside seat on a great literary generation's friendships and their dramas. It is also a tale of filial love, beautifully written, with humor, compassion, and grace.

You Don't Look Like Anyone I Know Dec 12 2020 An unusual and uncommonly moving family memoir, with a twist that give new meaning to hindsight, insight, and forgiveness. Heather Sellers is face-blind—that is, she has prosopagnosia, a rare neurological condition that prevents her from reliably recognizing people's faces. Growing up, unaware of the reason for her perpetual confusion and anxiety, she took what cues she could from speech, hairstyle, and gait. But she sometimes kissed a

stranger, thinking he was her boyfriend, or failed to recognize even her own father and mother. She feared she must be crazy. Yet it was her mother who nailed windows shut and covered them with blankets, made her daughter walk on her knees to spare the carpeting, had her practice secret words to use in the likely event of abduction. Her father went on weeklong "fishing trips" (aka benders), took in drifters, wore panty hose and bras under his regular clothes. Heather clung to a barely coherent story of a "normal" childhood in order to survive the one she had. That fairy tale unraveled two decades later when Heather took the man she would marry home to meet her parents and began to discover the truth about her family and about herself. As she came at last to trust her own perceptions, she learned the gift of perspective: that embracing the past as it allows us to let it go. And she illuminated a deeper truth—that even in the most flawed circumstances, love may be seen and felt. Watch a Video

The Memoirs of Mary Queen of Scots Jun 05 2020 A tale inspired by the life of Mary Queen of Scots depicts her as a spirited young woman who fights to keep her throne, enters into a happy but scandal-marked third marriage, and is betrayed by her cousin, Queen Elizabeth. 75,000 first printing.

The Glitter and the Gold Jan 13 2021 An updated edition of the life story of the American heiress and Duchess of Marlborough whose experiences inspired the character of Downtown Abby's Lady Grantham describes her arranged marriage, her observations of the intricate hierarchy of her home in Blenheim Palace and her encounters with famous historical figures. 40,000 first printing.

Pictures of Emily Jul 27 2019

The Book of Secrets May 05 2020 In 1988, a retired schoolteacher named Pius Fernandes receives an old diary found in the back room of an East African shop. Written in 1913 by a British colonial administrator, the diary captivates Fernandes, who begins to research the coded history he encounters in its terse, laconic entries. What he uncovers is a story of forbidden liaisons and simmering vengeance, family secrets and cultural exiles—a story that leads him on an investigative journey through his own past and Africa's.

I, Elizabeth Sep 08 2020 A spellbinding novel about Elizabeth I from the internationally bestselling author of the Guenevere and Tristan and Isolde trilogies. Publicly declared a bastard at the age of three, daughter of a disgraced and executed mother, last in the line of succession to the throne of England, Elizabeth I inherited an England ravaged by bloody religious conflict, at war with Spain and France, and badly in debt. When she died in 1603, after a forty-five year reign, her empire spanned two continents and was united under one church, victorious in war, and blessed with an overflowing treasury. What's more, her favorites—William Shakespeare, Sir Francis Drake, and Sir Walter Raleigh—had made the Elizabethan era a cultural Golden Age still remembered today. But for Elizabeth the woman, tragedy went hand in hand with triumph. Politics and scandal forced the passionate queen to reject her true love, Robert Dudley, and to execute his stepson, her much-adored Lord Essex. Now in this spellbinding novel, Rosalind Miles brings to life the woman behind the myth. By turns imperious, brilliant, calculating, vain, and witty, this is the Elizabeth the world never knew. From the days of her brutal father, Henry VIII, to her final dying moments, Elizabeth tells her story in her own words.

Song Yet Sung Apr 15 2021 A tale set against a backdrop of slave rights conflicts in the nineteenth-century Chesapeake Bay region finds young runaway Liz Spocott inadvertently inspiring a slave breakout from the attic prison of a notorious slave thief who vengefully calls slave catcher Denwood Long out of retirement. 100,000 first printing.

American Dreamer Dec 24 2021 Based on an actual government study about the humane treatment of animals, a romance traces the budding passion between Lark Leopold, an animal researcher, and Nathan Senatra, a man fighting to hold onto his Midwestern farm. Original.

The Body Reader Jan 01 2020 For three years, Detective Jude Fontaine was kept from the outside world. Held in an underground cell, her only contact was with her sadistic captor, and reading his face was her entire existence. Learning his every line, every movement, and every flicker of thought is what kept her alive. After her experience with isolation and torture, she is left with a fierce desire for justice—and a heightened ability to interpret the body language of both the living and the dead. Despite

colleagues' doubts about her mental state, she resumes her role at Homicide. Her new partner, Detective Uriah Ashby, doesn't trust her sanity, and he has a story of his own he'd rather keep hidden. But a killer is on the loose, murdering young women, so the detectives have no choice: they must work together to catch the madman before he strikes again. And no one knows madmen like Jude Fontaine. **The Man Who Left** May 29 2022 A story about the burdens of remembering and the costs of forgetting, *The man who left* chronicles the emotional consequences of betrayal and abandonment by those who are supposed to love us the most.

The Body Counter May 17 2021 From a New York Times bestselling author comes the chilling follow-up to the Thriller Award winner *The Body Reader*. Months after discovering the mastermind behind her own kidnapping, Detective Jude Fontaine is dealing with the past the only way she knows how: by returning to every dark corner of it. But it's a new, escalating series of mass slayings that has become her latest obsession at Homicide. At first, Jude and her partner, Detective Uriah Ashby, can see no pattern to the seemingly random methods, the crime scenes, or the victims--until they're approached by a brilliantly compulsive math professor. He believes that the madman's next move is not incalculable; in fact, it's all part of a sequential and ingenious numerical riddle. His theory is adding up. The body count is rising. But when the latest victim is found in Jude's apartment, the puzzle comes with a personal twist that's going to test the breaking point of her already-fragile state of mind. For all she knows, her number may be up.

Reasons to Stay Alive Nov 10 2020 From the #1 New York Times bestselling author of *The Midnight Library*. "Destined to become a modern classic." —Entertainment Weekly **WHAT DOES IT MEAN TO FEEL TRULY ALIVE?** At the age of 24, Matt Haig's world caved in. He could see no way to go on living. This is the true story of how he came through crisis, triumphed over an illness that almost destroyed him and learned to live again. A moving, funny and joyous exploration of how to live better, love better and feel more alive, *Reasons to Stay Alive* is more than a memoir. It is a book about making the most of your time on earth. "I wrote this book because the oldest clichés remain the truest. Time heals. The bottom of the valley never provides the clearest view. The tunnel does have light at the end of it, even if we haven't been able to see it . . . Words, just sometimes, really can set you free."

Forever Nov 30 2019 While amnesiac journalist Sammy Thoreau struggles to regain the memory he lost in an accident, his doctor, Rachel Collins tries to erase a tragic memory that haunts her

Deadly Treats Nov 22 2021 Celebrate Halloween with this collection of short stories by award-winning authors and emerging talent. *Deadly Treats* features witches, zombies, vampires, food critics, crazy writers, dumb criminals, interfering ghosts, ex-cops and aliens.

One Fine Day Jul 31 2022 Years after she leaves her husband, Austin, for a new life, tragedy calls her back to his side, and both she and Austin get a second chance at love. Original.

The Autobiography of Martin Luther King, Jr. Jul 19 2021 With knowledge, spirit, good humor, and passion, **THE AUTOBIOGRAPHY OF MARTIN LUTHER KING, JR.** brings to life a remarkable man whose thoughts and actions speak to our most burning contemporary issues and still inspire the desires, hopes, and dreams of us all. Written in his own words, this history-making autobiography is Martin Luther King: the mild-mannered, inquisitive child and student who chafed under and eventually rebelled against segregation; the dedicated young minister who continually questioned the depths of his faith and the limits of his wisdom; the loving husband and father who sought to balance his family's needs with those of a growing, nationwide movement; and the reflective, world-famous leader who was fired by a vision of equality for people everywhere. Relevant and insightful, **THE AUTOBIOGRAPHY OF MARTIN LUTHER KING, JR.** offers King's seldom disclosed views on some of the world's greatest and most controversial figures: John F. Kennedy, Malcolm X, Lyndon B. Johnson, Mahatma Gandhi, and Richard Nixon. It also paints a rich and moving portrait of a people, a time, and a nation in the face of powerful change. Finally, it shows how everyday Americans from all walks of life confronted themselves, each other, and the burden of the past--and how their fears and courage helped shape our future.

Cool Shade Jan 31 2020 Down on her luck and desperate to start over in a different place, Maddie

Smith decides to visit her sister in Nebraska and learns that she has disappeared after a short interlude with Eddie Berlin, and to uncover the truth about her sister's whereabouts, Maddie must get close to the seductive Eddie. Original.

How to Write Like Tolstoy Oct 10 2020 A thought-provoking journey inside the minds of the world's most accomplished storytellers, from Shakespeare to Stephen King NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE SPECTATOR • "Richard Cohen's book acted as a tonic to me. It didn't make me more Russian, but it fired up my imagination. I have never annotated a book so fiercely."—Hilary Mantel "There are three rules for writing a novel," Somerset Maugham is said to have said. "Unfortunately, no one knows what they are." How then to bring characters to life, find a voice, kill your darlings, or run that most challenging of literary gauntlets, writing a sex scene? What made Nabokov choose the name Lolita? Why did Fitzgerald use firstperson narration in *The Great Gatsby*? How did Kerouac, who raged against revision, finally come to revise *On the Road*? Veteran editor and author Richard Cohen takes us on an engrossing journey into the lives and minds of the world's greatest writers, from Honoré de Balzac and George Eliot to Virginia Woolf and Zadie Smith—with a few mischievous detours to visit Tolstoy along the way. In a scintillating tour d'horizon, Cohen lays bare the tricks, motivations, and techniques of the literary greats, revealing their obsessions and flaws and how we can learn from them along the way.

Unbound Apr 03 2020 INSTANT NEW YORK TIMES BESTSELLER "Searing. Powerful. Needed." —Oprah "Sometimes a single story can change the world. *Unbound* is one of those stories. Tarana's words are a testimony to liberation and love." —Brené Brown From the founder and activist behind one of the largest movements of the twentieth and twenty-first centuries, the "me too" movement, Tarana Burke debuts a powerful memoir about her own journey to saying those two simple yet infinitely powerful words—me too—and how she brought empathy back to an entire generation in one of the largest cultural events in American history. Tarana didn't always have the courage to say "me too." As a child, she reeled from her sexual assault, believing she was responsible. Unable to confess what she thought of as her own sins for fear of shattering her family, her soul split in two. One side was the bright, intellectually curious third generation Bronxite steeped in Black literature and power, and the other was the bad, shame ridden girl who thought of herself as a vile rule breaker, not as a victim. She tucked one away, hidden behind a wall of pain and anger, which seemed to work...until it didn't. Tarana fought to reunite her fractured self, through organizing, pursuing justice, and finding community. In her debut memoir she shares her extensive work supporting and empowering Black and brown girls, and the devastating realization that to truly help these girls she needed to help that scared, ashamed child still in her soul. She needed to stop running and confront what had happened to her, for Heaven and Diamond and the countless other young Black women for whom she cared. They gave her the courage to embrace her power. A power which in turn she shared with the entire world. Through these young Black and brown women, Tarana found that we can only offer empathy to others if we first offer it to ourselves. *Unbound* is the story of an inimitable woman's inner strength and perseverance, all in pursuit of bringing healing to her community and the world around her, but it is also a story of possibility, of empathy, of power, and of the leader we all have inside ourselves. In sharing her path toward healing and saying "me too," Tarana reaches out a hand to help us all on our own journeys.

Amazon Lily Oct 02 2022 An aerial mission to aid the native Indians of the Amazon throws together Corey McKinney and pilot Asher Adams

Play Dead Jun 25 2019 Reprint. Originally published in New York by New American Library in 2004.

Chanukah Lights Feb 11 2021 Counts the candles of a menorah on each night of Hanukkah while recalling images of Jewish life in different places and times, such Herod's temple in Jerusalem, a shtetl in Russia, and a refugee ship bound for the New World.

I Hear Voices Jun 29 2022 Jean Feraca's road to self-fulfillment has been as quirky and demanding as the characters in her incredible memoir. A veteran of several decades of public radio broadcasting, Feraca is also a writer and a poet. She is a talk show host beloved for her unique mixture of the

humanities, poetry, and journalism, and is the creator of the pioneering international cultural affairs radio program *Here on Earth: Radio without Borders*. In this searing memoir, Feraca traces her own emergence. She pulls back the curtain on her private life, revealing unforgettable portraits of the characters in her brawling Italian-American family: Jenny, the grandmother, the devil woman who threw Casey Stengel down an excavation pit; Dolly, the mother, a cross between Long John Silver and the Wife of Bath, who in battling mental illness becomes the scourge of a Lutheran nursing home; and Stephen, the brilliant but troubled older brother, an anthropologist adopted by a Sioux tribe. In a new chapter that reinforces and ties together the book's exploration of the multiple forms of love, Jean introduces us to Roger, a Wildman and her husband's best friend with whom she, too, develops an extraordinary intimacy. A selection of fifteen of Feraca's poems add counterpoint to her engaging prose.

Girl with the Cat Tattoo Jul 07 2020 FROM NEW YORK TIMES BESTSELLING AUTHOR THERESA WEIR * DABWAHA (Dear Author Bitchery Writing Award for Hella Good Authors) 2013 Finalist!!! * Dear Author Recommended Read: "It isn't until the end that I realize how powerful the story I've just read is, and how much it has affected me. And that's when I know that if Theresa Weir decides to write her next book from the POV of a not-very-bright goldfish who lives in a studio apartment in Omaha, I'll preorder it as soon as they let me." Grade: A- Sunita, Dear Author * Romance Around the Corner: 5 stars: "One of the best stories I've read this year." * Wonk-O-Mance: Certified Wonktastical! "It's just enough heart-wrenching. Very sweet, emotional, with no melodrama. Okay, there were some intentionally melodramatic parts. But the silly parts were silly and the sweet parts were sweet." * Dear Author Top Reads of 2012 For cat lovers everywhere, this sweet, quirky, and delightful romance is about a young woman and her matchmaking cat. A little bit of mystery, a whole lot of whimsy. About the book: When a matchmaking cat takes it upon himself to find his young mistress a new mate, he accidentally stirs up memories better left forgotten. Melody's husband was murdered by what seemed a random act of violence. Two years later, the killer hasn't been caught, and Melody is coping in unhealthy ways. During the day she's a mild-mannered children's librarian, but at night she's a party girl, hanging out in bars, drinking with new friends, and often bringing home strange men. Although acquaintances have tried to keep in touch, Melody has cut herself off from most of the people in her old life. Max, her eccentric cat, doesn't approve of her new friends, he's tired of the parade of losers, and he finally takes it upon himself to find Melody a new man.

Love Mar 15 2021 WINNER OF THE 2019 PEN TRANSLATION PRIZE FINALIST FOR THE NATIONAL BOOK AWARD FOR TRANSLATED LITERATURE A mother and son move to a village in northern Norway, each ensconced in their own world. Their distance has fatal consequences. Love is the story of Vibeke and Jon, a mother and son who have just moved to a small place in the north of Norway. It's the day before Jon's birthday, and a travelling carnival has come to the village. Jon goes out to sell lottery tickets for his sports club, and Vibeke is going to the library. From here on we follow the two individuals on their separate journeys through a cold winter's night - while a sense of uneasiness grows. Love illustrates how language builds its own reality, and thus how mother and son can live in completely separate worlds. This distance is found not only between human beings, but also within each individual. This novel shows how such distance may have fatal consequences.

Last Summer Jan 25 2022

With Or Without Me Oct 22 2021 *With or Without Me* is an unsparing and eloquent critique of religion. Yet Esther Maria Magnis's frustration is merely the beginning of a tortuous journey toward faith--one punctuated by personal losses retold with bluntness and intense immediacy. "Maybe God is a sadist," she writes, "a big baby who had a terrible upbringing. If, as Christians claim, God is love, then it's a kind of love I do not understand." She dares to believe anyway, although her questioning won't let up. She fiercely dismantles both the clichés she's heard in church and the endless philosophizing of her parents' generation. Esther Maria Magnis knows believing in God is anything but easy. Because he allows people to suffer. Because he's invisible. And silent. "I think we miss God," she writes, "I would never want to persuade anyone or put myself above atheists. I know there are

good reasons not to believe. But sometimes I think most people are just sad that he's not there." *With or Without Me* is a book for everyone--believer or unbeliever, Christian or atheist--who refuses to surrender to the idea that, just because there can be beauty and truth, there must also be clear answers to the big questions in life.

Long Night Moon Mar 27 2022 Reporter Nash Audubon crashes beautiful Sara Ivy's party to get an interview and barges into a case of domestic violence from which he determines to rescue the endangered socialite. Original.

The Orchard Nov 03 2022 *The Orchard* is the story of a street-smart city girl who must adapt to a new life on an apple farm after she falls in love with Adrian Curtis, the golden boy of a prominent local family whose lives and orchards seem to be cursed. Married after only three months, young Theresa finds life with Adrian on the farm far more difficult and dangerous than she expected. Rejected by her husband's family as an outsider, she slowly learns for herself about the isolated world of farming, pesticides, environmental destruction, and death, even as she falls more deeply in love with her husband, a man she at first hardly knew and the land that has been in his family for generations. She becomes a reluctant player in their attempt to keep the codling moth from destroying the orchard, but she and Adrian eventually come to know that their efforts will not only fail but will ultimately take an irreparable toll.

Leaving Story Avenue Sep 20 2021 "Paul Larosa was a clueless kid growing up in a Bronx housing project when he was thrust into the city room of *The New York Daily News* as a copy boy. It was at the end of the vaunted Front Page era when reporters reveled in bad behavior; booze and anything they could get away with. A naif trapped in a tabloid world, Pual found himself--deliriously--in the center of it all."--Publisher.

A Well-Behaved Woman Mar 03 2020 The riveting novel of iron-willed Alva Vanderbilt and her illustrious family as they rule Gilded-Age New York, written by Therese Anne Fowler, a New York Times bestselling author of *Z: A Novel of Zelda Fitzgerald*. Alva Smith, her southern family destitute after the Civil War, married into one of America's great Gilded Age dynasties: the newly wealthy but socially shunned Vanderbilts. Ignored by New York's old-money circles and determined to win respect, she designed and built nine mansions, hosted grand balls, and arranged for her daughter to marry a duke. But Alva also defied convention for women of her time, asserting power within her marriage and becoming a leader in the women's suffrage movement. With a nod to Jane Austen and Edith Wharton, in *A Well-Behaved Woman* Therese Anne Fowler paints a glittering world of enormous wealth contrasted against desperate poverty, of social ambition and social scorn, of friendship and betrayal, and an unforgettable story of a remarkable woman. Meet Alva Smith Vanderbilt Belmont, living proof that history is made by those who know the rules—and how to break them.

A Pearl in the Storm Aug 20 2021 "In the end," writes Tori McClure, "I know I rowed across the Atlantic to find my heart, but in the beginning, I wasn't aware that it was missing." During June 1998, Tori McClure set out to row across the Atlantic Ocean by herself in a twenty-three-foot plywood boat with no motor or sail. Within days she lost all communication with shore, but nevertheless she decided to keep going. Not only did she lose the sound of a friendly voice, she lost updates on the location of the Gulf Stream and on the weather. Unfortunately for Tori, 1998 is still on record as the worst hurricane season in the North Atlantic. In deep solitude and perilous conditions, she was nonetheless determined to prove what one person with a mission can do. When she was finally brought to her knees by a series of violent storms that nearly killed her, she had to signal for help and go home in what felt like complete disgrace. Back in Kentucky, however, Tori's life began to change in unexpected ways. She fell in love. At the age of thirty-five, she embarked on a serious relationship for the first time, making her feel even more vulnerable than sitting alone in a tiny boat in the middle of the Atlantic. She went to work for Muhammad Ali, who told her that she did not want to be known as the woman who "almost" rowed across the Atlantic Ocean. And she knew that he was right. In this thrilling story of high adventure and romantic quest, Tori McClure discovers through her favorite

way—the hard way—that the most important thing in life is not to prove you are superhuman but to fully embrace your own humanity. With a wry sense of humor and a strong voice, she gives us a true memoir of an explorer who maps her world with rare emotional honesty.

Bad Karma Sep 28 2019 Small-town cop Daniel Sinclair cannot help but be suspicious of Cleo, a psychic hired to locate the town's missing master key, but Cleo's unexplainable powers allow her to feel a mysterious chill in the air that frightens her terribly. Original.

Come As You Are Aug 27 2019 Molly Young has a secret. To keep it she holds the world at a distance. Behind her lies a trail of dumped boyfriends who came too close to discovering what no one can know. When her estranged father dies of an unexpected heart attack he leaves an even deeper secret, one tied to Molly's. At the funeral repast Molly is unable to tolerate the shoulder-to-shoulder mourners and runs out the door and down the street to the nearest bar. Come dawn, with no memory of the past ten hours, she finds herself in bed with a beautiful stranger. She slips away before he wakes up, unaware of the role he's about to play in her life. Is he the one guy who can convince Molly to face her painful secret and become the person she's meant to be?

Truly Dead Oct 29 2019

Bad Karma Sep 01 2022 Officer Daniel Sinclair can spot an outsider a mile away. He ought to know--he's the worst kind. Even before he lays eyes on Cleo Tyler, his L.A.-honed suspicions tell him the psychic is a fraud. She also possesses a soft, exotic kind of beauty that sets him on edge.

Some Kind of Magic Apr 27 2022 From the bestselling author of "Cool Shade" and "American Dreamer" comes the tale of the wacky, ironic love between a reclusive Idaho artist and the mysterious man who abducts her.

Loving Jenny Feb 23 2022

Fed Up Aug 08 2020 From Gemma Hartley, the journalist who ignited a national conversation on emotional labor, comes *Fed Up*, a bold dive into the unpaid, invisible work women have shouldered for too long—and an impassioned vision for creating a better future for us all. Day in, day out, women anticipate and manage the needs of others. In relationships, we initiate the hard conversations. At home, we shoulder the mental load required to keep our households running. At work, we moderate our tone, explaining patiently and speaking softly. In the world, we step gingerly to keep ourselves safe. We do this largely invisible, draining work whether we want to or not—and we never clock out. No wonder women everywhere are overtaxed, exhausted, and simply fed up. In her ultra-viral article “Women Aren’t Nags—We’re Just Fed Up,” shared by millions of readers, Gemma Hartley gave much-needed voice to the frustration and anger experienced by countless women. Now, in *Fed Up*, Hartley expands outward from the everyday frustrations of performing thankless emotional labor to illuminate how the expectation to do this work in all arenas—private and public—fuels gender inequality, limits our opportunities, steals our time, and adversely affects the quality of our lives. More than just name the problem, though, Hartley teases apart the cultural messaging that has led us here and asks how we can shift the load. Rejecting easy solutions that don’t ultimately move the needle, Hartley offers a nuanced, insightful guide to striking real balance, for true partnership in every aspect of our lives. Reframing emotional labor not as a problem to be overcome, but as a genderless virtue men and women can all learn to channel in our quest to make a better, more egalitarian world, *Fed Up* is surprising, intelligent, and empathetic essential reading for every woman who has had enough with feeling fed up.